## Important Dates

### OCTOBER

**Fri 31st**
- **WALK-A-THON!**

### NOVEMBER

- **Mon 3rd - Fri 13th**
  - Middles Bike Education

- **Mon 10th**
  - Prep Transition Day #3  11:30am - 1pm
  - Prep Parent Information Evening - 6:45pm in the Prep Room (future preps)

- **Fri 14th**
  - Rivers Gift, Casual Dress Day - JSC Fundraiser (gold coin donation)

- **Tues 18th**
  - Grade 5/6 Blue Light Disco - Geelong West Town Hall

- **Mon 17th - Fri 28th**
  - Prep-Grade 2 Swimming Program

- **Sat 29th**
  - State Election - BBQ & Cake Stall from 8am until sold out!

### DECEMBER

- **Sat 6th**
  - Bunnings BBQ @ North Geelong Bunnings!

- **Tues 9th**
  - Prep Transition Day #4 9:30-11am

- **Thurs 11th**
  - Grade 6 Graduation!

- **Fri 12th**
  - Whole School Transition Day

- **Mon 15th - Tues 16th**
  - Queenscliff Bike Ride - Grade 5/6’s

- **Fri 19th**
  - Last Day of Term 4! 1:30pm finish!

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It is now Term 4 - hats **must** be worn – **No Hat, No Play!** If your child does not have a hat, they must sit in the shade. The school does not give out spare hats.
NEWS from Mrs Keegan

Runners/Jogger – predominately black or white – no fluro colours
Leather shoes – black or brown
Pull on elastic sided boots – black or brown
No thongs, open toed sandals or slip on shoes
Hats – broad brimmed or legionnaires with school logo. Caps and novelty hats are not to be worn

Congratulations to all our students, staff and parents who have embraced our School Wide Positive Behaviour Support program (PBS). Our students are enjoying being noticed and rewarded for doing the right thing in class, in shared spaces and out in the yard. Of course, the program relies on changing adult behaviour in a way that produces the highest probability of student success and reward. Adults need to teach and promote appropriate behaviour in all children. By doing this we reduce behavioural problems, and focus on creating and maintaining a safe learning environment where teachers can teach and students can learn.

We know that for a student to learn something new, it needs to be repeated on average 8 times. For a student to unlearn an old behaviour and replace it with a new behaviour, the new behaviour must be repeated on average 28 times. PBS is a visual approach displaying school wide expectations that become the language all staff use when they teach, remind, recognise and correct students. Teachers are focused on developing these four behaviours in themselves:

1. Positive expectations and routines are taught and encouraged.
2. Active supervision by all staff – scan, move, interact
3. Pre corrections and reminders

Positive reinforcement: If you have misplaced your copy of our PBS Matrix of expected behaviours, please come to the office for another copy.

A reminder that during September/ October I am happy to receive letters or meet with any parent who has an educational based concern/request that they wish to discuss with me regarding 2015 class placements. All letters and conversations will be considered when making our decisions but do not guarantee placements. Please make sure all letters are in a sealed envelope addressed to me and are marked CONFIDENTIAL.

You have no doubt seen me put up my hand at assembly to gain the attention of everyone in the room. If the group is functioning well it will usually only take a few seconds to get people’s attention. The same goes with classrooms and family-life. If your family is functioning well, then you should able to manage children primarily by using visual cues rather than always using your voice, which can turn kids off. Unfortunately, not all parents understand this so they constantly use their voice to manage their children. That so often leads to problems such as parent-deafness, shouting and ignoring.

Psychologist Michael Grouse has some ideas on how we can use this to develop independence in our children. He says that management-by-voice is a dependency strategy. Children rely on you to remind them, so they become dependent on you. Visual management is a redundancy strategy that promotes greater independence, while reducing children’s reliance on you. You’ll be amazed how many times you can manage visually rather than talking, once you become attuned to the idea Here are three ways to bring more visual management into your parenting:

1. Help Rosters: It’s the roster rather than you that does the reminding. The only thing you may need to do is to point them in the direction of the roster from time to time.
2. Jobs list: Want kids to help in a busy patch? Then write all the jobs that need doing on a board or on paper and ask kids to do them when they can, and tick them off once they are done.
3. Cue your kids to behave well: Teachers intuitively know how to praise kids with a smile or manage them off with a stern look. Great teacher save their voices for teaching and problem-solving, rather than management. See how often you can use a hand or facial gesture to get cooperation. And resist saying anything you don’t have to.

Quote of the moment: “You will never be free until you free yourself from the prison of your own false thoughts” – Philip Arnold

Appreciations: to…

- The School Council members who are part of the selection process for the new Principal for our school. The task is onerous and time-consuming but extremely important. Thank you to all you for your efforts and commitment.
- To those parents who come up to the office to let us know when things in the yard are not quite right. Sometimes we are not aware that things have been broken or moved over the weekend.

Be on time, Be at school, that’s the rule!
Communication is vital – Keep reading the newsletter!

Let’s keep Unleashing Potential!
Marina Keegan
Principal
Art News!

Congratulations to all the students who had their Artwork displayed at this year’s Royal Geelong Show. Well done to the following Individual Entry prize winners:

1st Prize - Poppy Carmichael, Astrid Watters-Sansom, Irena Rakatau, Charlotte Tomlin, Shayla Romeyn, Sophie Ritchie-Crichton and Jared Davis.

2nd Prize - Angus Cooper, Asher Couchman and Katelyn Mulholland.

3rd Prize - Maeve Benson, Leah McMullan and Marli Penn.

Highly Commended - Indigo Ethell

Participation - Callum Johnston, Kiera Lloyd, Heidi Tarka, Willem Herni, Nathan Platt and Shania Romeyn.

Presentations will be made at Assembly on Friday.
Sports Report

Geelong North Division Basketball Championships
Last Thursday the girls and boys basketball teams competed in the Geelong North Division Basketball Championships held at The Arena, North Geelong.

Congratulations to our students on reaching this level of competition and on the way you represented our school last Thursday. The girls team finished second and the boys team fifth.

Results:

Girls:
Montpellier 22 d. Manifold Heights 19
Manifold Heights 34 d. St Patricks 20
Manifold Heights 38 d. Roslyn 6
Manifold Heights 37 d. Norlane West 14

Boys:
Lara 25 d. Manifold Heights 16
Christian College 25 d. Manifold Heights 13
Manifold Heights 34 d. St Therese 33
Manifold Heights 12 d. Highton 40

Western Metropolitan Region Athletic Championships:
Last Tuesday six students from Manifold Heights competed in the Region Athletic Championships at Keilor Athletics track.

We congratulate Ebony McLean, Kade McKenzie, Sophie Milsome, Molly Driscoll, Wayne Driscoll and Julian Driscoll on qualifying through the Divisional Athletic Championships. It is a great achievement to reach this level of competition and we congratulate our students.

Four of our students placed in events and hopefully they have qualified for the Victorian Championships.

Results:

Ebony McLean 2nd Girls 9/10 High Jump (1.27m); 4th Girls 9/10 200m (32.54 sec)
Sophie Milsome 12th Girls 12/13 Shot Put (6.90m)
Molly Driscoll 9th Girls 12/13 Discus (19.10m)
Kade McKenzie 7th Boys 11 High Jump (1.31m); 3rd Boys 11 Triple Jump (8.98m)
Wayne Driscoll 2nd Boys AWD 100m (17.01 sec); 2nd Boys AWD 200m (38.26 sec)
Julian Driscoll 3rd Boys AWD 1-00m (17.21 sec); 3rd Boys AWD 200m (41.00 sec)

SCHOOL CONCERT PHOTO ORDERS

Concert photos are $3 each and you may order as many as you like! Please fill in the order form that was sent home and return with exact money (no change will be given as photos are printed by a company outside of school).

Please get your orders in by Monday 27th October.

We would like to extend a warm welcome to a new Newsletter sponsor! Dr Wilson Halim of Geelong Dental Group has come aboard sponsoring our newsletter and is offering Mano families a special promotion!

- Free dental check ups for students (plus up to 2 family members)
- A show bag with lots of fun dental goodies, including toothbrush, toothpaste & some education pamphlets
- And a really cool complimentary water bottle

An advertisement for Geelong Dental Group will have an advertisement placed on the back of the newsletter
WRITE FOR FUN - Congratulations to all our Mano students who entered a story or poem in the Write4fun Competition. At least fifty-eight of our authors were successful in going through to the second stage of judging in the competition and being invited to publish their work in a book of childrens' stories – **The Text Generation**. Congratulations to:

**Preps and Juniors:**
Kaira Sharma, Angus Cooper, Alyssa McSween, Jessie Rhodes, Quinn O’niell, Poppy Carmichael, Mannnuum Mahbub Haquee, Makin Jeffrey, Koby Byron, Jorjia Keen, Taylor Collins, Lukas Young, Thomas Moore, William Nolan, Cara Greville, Mahalia Davys, Maeve Benson, Layla Retallick, Isabella McDonald, William Fletcher, Chloe Miller, Ariella Chappell, Rory Nolan

**Middles:**
Violet Hurley, Rhys McWaters, Charlotte Stacy, Josh Jovanovski, Riley Hanrahan, Grace Langridge, Johanna Ivy, Ryder Kearney, Brodie Digiandomenico, Zoe O’Shea, Lil Ramsay, Jaymae Rhodes, Shayla Romeyn, Esther Ellis, Heidi Tarka, Montana Morgan, Ally Sears, Riley McArthur, Erin Gorman, Keira Lloyd, Olivia Platt, Avyn Campbell, Kate Savage, Liam Fletcher, Emily Bliss, Sam Hicks, riley Johnston, Lexie Christie, Ame McLean, Rosa Langridge

**Seniors:**
Louisa Bath, Jorjia-Rae Wise

Parents may have received a letter this week informing you of your child’s success. If you wish to have your child’s work published, send the signed permission form back to the Write 4 Fun competition in the addressed envelope. It costs nothing for your child to be a published author. Please do not feel pressured to buy the book or pay extra money to have your photograph in the book.

The School will purchase a copy of ‘The Text Generation’ which will be available for borrowing from the Library next year, or you can view students work and competition results on the Write4fun website after 22nd October. ([www.write4fun.net](http://www.write4fun.net)) Students poems are also on display on the windows near the Prep Room. Here’s a few samples of the students writing to enjoy!

- **Marvellous**
  - By Mamnuun - Prep

- **Always a star**
  - By Erin Gorman MB

- **Magnifice**
  - By Cinda, Black, grey, Purring, running, sleeping, Cuddly ball of fluff, Cat

- **Perfect**
  - By Jaymee Rhodes MB

- **Icecream**
  - Yummy, cold, Melting, freezing, dropping, Icecream is cold and yummy, Nice

- **Obedient**
  - Polite

- **Pretty**

- **Unreal**

- **Unbelievable friend**
  - Young

- **Never ever naughty!**

- **By Erin Gorman MB**

- **By Poppy – Prep**

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**Geelong Schools Cycling & Duathlon Championships**

**DATE:** Tuesday 25th November

**LOCATION:** Belmont Island Cycling Track, Opposite Kmart, Belmont

**TIME:**
- Cycling Races commence at 9:30am
- Duathlon Races commence at 1pm (may change depending on cycling numbers)

**CYCLING DISTANCES:**
- Age Group: 12 and Under- Approximately 9km (4 Laps)
- Age Group: 15 and Under- Approximately 13.5km (6 Laps)
- Age Group: 16+- Approximately 13.5km (6 Laps)

**DUATHLON DISTANCES:**
- All Age Groups- 1km Run/3km Cycling/1km Run/3km Cycling/1km Run (Approx.)
- (Team Only categories- up to 3 team members) - Helmets are compulsory for all cycling events.

**HOW TO ENTER:**
Use the following link: [https://docs.google.com/forms/d/1-Ew9TgbfGrt5OVGeI-sbbpCpt-6uZpLoN40z9QESjoE/viewform](https://docs.google.com/forms/d/1-Ew9TgbfGrt5OVGeI-sbbpCpt-6uZpLoN40z9QESjoE/viewform) or use the entry provided and email to hair.andy.ju@edumail.vic.gov.au

**ENTRIES CLOSE:** Tuesday 18th November
Entertainment Books are for sale at the school office!
Books sell for $55 and the school makes $11 profit per book sold.

Did you know? Digital memberships are also available for purchase online on the Entertainment Book website. Digital memberships allow you to connect to 4 different devices!

Mano Mini’s Playgroup!
Come along and join us for a ‘cuppa’ and a play!
Friday morning after drop off (9am-11am) in the After School Care Room.
Gold Coin Donation, more information at the office.

Manifold Heights Primary School uniform
Open: Monday – Friday 9.00am – 5.30pm
Saturday 9.00am – 1.00pm

LOCATION
162 Moorabool Street
Geelong VIC 3220
Telephone: 5221 9199
Email: Bellarine@noone.com.au

Proud suppliers of the Manifold Heights Primary School uniform

Joke of the week! LOL!
Q. What happens when frogs park in the wrong spot?
A. They got towed!

Watch your thoughts; they become words.
Watch your words; they become actions.
Watch your actions; they become habits.
Watch your habits; they become character.
Watch your character; it becomes your destiny.
-Frank Outlaw

Meagan Burch Music Tuition
Music Lessons AT school
Piano, keyboard, Guitar, Ukulele, Drum or Singing Lessons
During &/or After School Hours at School
To enrol in, or to obtain more information please contact Meagan: mbmt@bigpond.com
Providing Music Lessons in local schools since 1987

Would you like to share your joke with everyone? Write it down and hand it in at the Office!

If you are paying for an excursion, please remember that we require your child’s permission note and payment at the same time. If you know you have a credit on your account please write “Credit” or “EMA” on your child’s permission note and we will offset the money against that excursion.

Skoolbag
Have you downloaded our Skoolbag app from the app store?
Search ‘Manifold Heights Primary School’ in the app store and keep up to date with news, alerts, events etc at the click of a button!

Multipurpose room for rent please contact the school office for more details.
(Terms and conditions apply)