**Manifold Heights P.S Canteen Menu**
Current as at 24/08/2015

**Fresh and Healthy Choices**
- Vegemite Sandwich $2.50
- Cheese Sandwich $2.50
- Ham Sandwich $2.50
- Egg & Lettuce Sandwich $3.00
- Salad (no meat) Sandwich $3.60
- Chicken Salad Sandwich $4.20
- Ham Salad Sandwich $4.20
- Egg Salad Sandwich $4.20
- Salad tub (term 1 & 4) $4.00
- Chicken/Ham/Egg Salad Tub $4.40

*Rolls or Wraps extra 50c*

**“Snackadoodles”**
- Homemade muffins $1.50
- Cocoa & Raspberry, Apple & Cinnamon $1.50
- Veggie Cracker OR JJ Snacks $1.50
- Thins Popped $2.00
- Red Rock Deli chips $1.50
- Popcorn OR Jelly $1.00
- Vanilla Custard $2.00
- Fresh Fruit $1.20
- Fruit & Veg Cup $1.50
- M.ICE cream $1.50

**Yummy Warm Food**
- Pasta Bake – Vegetarian OR Carbonara $3.00
- Dim Sims $1.00
- Sausage Rolls $3.00
- Homemade Pizza. Vego, Hawaiian, BBQ chicken $3.00
- Mad Mexican Chicken Wrap Toasted $4.50
  (Chicken strips, lettuce, cheese & sweet chilli sauce)
- Toasted Sandwiches -
  ✓ Cheese OR Ham $2.50
  ✓ Ham & Cheese $3.20
  ✓ Ham, Cheese & Pineapple $3.60
  ✓ Chicken & Cheese $3.50
- Fried Rice $4.00
- Mac and Cheese $4.00
- Nachos $4.50
- Chicken Burger $4.50
  (Chicken Burger, lettuce, cheese & mayo)

**Thirst Quenchers**
- Lemonade Icy Twist $1.00
- Paddle Pop $1.50
- Water $1.00
- Just Juice. Apple, Apple & B/Currant, Orange $2.00
- Slush Puppies $2.00
- Milk. Strawberry and Chocolate $2.00
- Hot Milo (Recess only) $1.00

**Fridays ONLY**
- Chicken Wedges $1.00
- Dino Wrap (Cheese, Lettuce & mayo) $4.50
- Traveller Meat Pie $4.00
- Party Pies $1.50
- Hulk Dog $3.00

**CANTEEN OPERATES TUESDAY, THURSDAY and FRIDAY**
Please place the correct money in a brown paper bag. No sticky tape or staples. Write the child’s name & class on top of the bag.

**Please note, Brown paper bags, extra cutlery, sauce and cups are 20c extra**