



MANIFOLD HEIGHTS PRIMARY SCHOOL CANTEEN MENU TERM 3 2017



SANDWICHES

FILLING	SANDWICH PRICE	ROLL PRICE
Vegemite	\$2.50	\$3.00
Cheese	\$2.50	\$3.00
Ham	\$2.50	\$3.00
Ham & Cheese	\$3.00	\$3.50
Chicken & Cheese	\$3.00	\$3.50
Salad no meat	\$3.50	\$4.00
Salad & meat (ham, chicken, tuna)	\$4.00	\$4.50
Salad & cheese	\$4.00	\$4.50

*Salad consists of lettuce, carrot, tomato, cucumber *Sliced beetroot, sliced pineapple, cheese and avocado spread extra 50 cents each *All bread and rolls are wholemeal *Gluten free bread rolls only available add 50 cents to roll price

SALAD BOWL

FILLING	PRICE
Salad only	\$4.00
Salad & Meat/Egg	\$4.50

TOASTED SANDWICHES

FILLING	PRICE
Cheese	\$2.50
Ham	\$2.50
Ham & Cheese	\$3.00
Chicken & Cheese	\$3.00

*Sliced pineapple and avocado spread extra 50 cents each *All bread is wholemeal *Gluten free bread rolls only available add \$1.00 to toasted sandwich price

HOT FOOD

ITEM	PRICE
Dim Sim	\$1.00
Corn Cob	\$1.00
Sausage Roll	\$3.00
Traveller Pie	\$4.00
Party Pie	\$1.50
Dino Nuggets x 3	\$2.00
Homemade vegetable soup (winter only)	\$3.00

*Tomato and Soy Sauce 20 cents extra

SPECIAL ITEMS TO CHANGE EACH TERM

TUESDAYS ONLY	PRICE
Nachos with cheese, salsa, sour cream	\$4.50
Bolognese Pasta with cheese	\$4.00
ADD 50c Gluten free pasta	
Plain Pasta with cheese	\$2.50
ADD 50c Gluten free pasta	
THURSDAYS ONLY	PRICE
Chicken Wrap (lettuce, cheese, tomato and mayo)	\$4.50
Meatball Sub (Napoli sauce and cheese)	\$4.50
FRIDAYS ONLY	PRICE
Hot Dog with tomato sauce	\$3.50
Hokkien Noodles(chicken, vegies & sweet soy)	\$4.50

DRINKS

ITEM	PRICE
Water from drink taps	Free
Just Juice (apple, orange, apple blackcurrant)	\$2.00
Flavoured milk (chocolate, strawberry)	\$2.00
Hot Milo (recess only)	\$1.00

SNACKS AVAILABLE RECESS AND LUNCH TIME OVER THE COUNTER

ITEM	PRICE
Fruit Kebab with marshmallows	\$1.00
Fresh Fruit	50 cents
Homemade mini sweet treat (muffin/ biscuit)	50 cents
Carrot & cucumber sticks with dip	\$1.50
JJ Snacks	\$1.50
Red Rock Deli Chips	\$1.50
Popcorn	\$1.00
Jelly cups	\$1.00
Vanilla custard	\$2.00
Icy Twist	\$1.20
Paddle Pop	\$1.50
M. Ice (dixie cup with milo)	\$1.50
Fruit Slushies	\$2.00
Zooper Dooper	\$1.00

CANTEEN OPERATES TUESDAY, THURSDAY AND FRIDAY. ORDERS MUST BE SUBMITTED TO CANTEEN BEFORE RECESS. PLEASE PLACE CORRECT MONEY IN A BROWN PAPER BAG, NO STICKY TAPE OR STAPLES AND WRITE CHILDRENS NAME & CLASS ON THE TOP OF THE BAG.

PLEASE NOTE: PAPER BAGS, TOMATO SAUCE, SOY SAUCE, CUPS AND EXTRA CUTLERY 20 cents EXTRA