

# Mano TIMES



Unleashing Potential

## CONTACT US

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Please also find us on  
Facebook



## MANIFOLD HEIGHTS PRIMARY SCHOOL NEWSLETTER

Date: 4th March 2021

**Principal:** Barry Rowland

**Business Manager:** Jessie Burney & Leanne McKenzie

**Assistant Principal:** Peta Mundine

**Administration:** Jacquie Clancy

### Important Dates

#### MARCH

|                                   |   |
|-----------------------------------|---|
| Thurs 4th March                   | School Council ICT Sub Committee Meeting, 7pm, Senior Building  |
| Fri 5th March                     | Seniors North Geelong Secondary College Visit   |
| Mon 8th March                     | Labour Day Public Holiday - NO SCHOOL   |
| Thurs 11th March                  | The Playground Craze Whole School Incursion   |
| Fri 12th March                    | House Cross Country (Middles & Seniors students)  |
| Mon 15th March                    | School Council Finance Sub Committee Meeting, 6:30pm, Principal's Office<br>School Council Meeting & AGM, 7:30pm, Staffroom |
| Tues 16th March                   | Geelong North Division Swimming Sports, Kardinia Pool   |
| Fri 19th March                    | Summer Lightning Premiership - Cricket & Softball   |
| Mon 29th March                    | Grade 1 Fun Day   |
| Tues 30th March - Thurs 1st April | Grade 4 Camp  |

#### APRIL

|                 |                     |
|-----------------|---------------------|
| Thurs 1st April | Term 1 Ends, 2:30pm |
|-----------------|---------------------|

### Upcoming Event Consent Forms and/or Payments Due

|   |                 |
|---|-----------------|
| Grade 4 Camp Expression of Interest & Deposit | 5th March 2021  |
| The Playground Craze Consent                  | 9th March 2021  |
| House Cross Country Consent & Payment         | 9th March 2021  |
| Grade 1 Fun Day Consent & Payment             | 19th March 2021 |

### DO YOU HAVE A STUDENT STARTING IN PREP NEXT YEAR?

If you have a student due to be starting school in 2022, please collect an enrolment form at the General Office.

Our cut off date for Prep 2022 is Friday 28th May 2021.

# News from Mr Rowland

## School Council 2021

The next School Council meeting will occur on Monday 15<sup>th</sup> March at 7:30pm in the Staffroom.

This will begin with the short Annual General Meeting – which will see the important roles of President and Vice President appointed for the next 12 months.

It is most pleasing to have some new members of Council coming on board and to have filled all 'vacancies'. Council members accept a 2 year tenure and approximately half of the Council members complete this period each alternate year, ensuring some continuity of membership from year to year. The following table outlines our past and future Council membership:

|                                   | Past Council  | Future Council   |
|-----------------------------------|---|--|
| <b>Parent / Community members</b> | Robyn Bohun<br>Rowan Costin<br>Mathuri Subramaniam<br>Daryl Johns<br>Suzanne Charles<br>Phil Currie<br>Tom Hurst<br>Marcus Greville<br>Simon Richmond | Robyn Bohun<br>Rowan Costin<br>Mathuri Subramaniam<br><br>Daryl Johns<br>Suzanne Charles<br>Phil Currie<br>Jonathon Connor<br>John Richardson<br>Paul Wigglesworth<br>Jacklyn Richardson |
| <b>DET employee</b>               | Peta Mundine<br>Lisa Helmore<br>Tom Fleming<br>Barry Rowland<br>Nathan Gibson   | Peta Mundine<br>Lisa Helmore<br>Tom Fleming<br>Barry Rowland<br>Aimee Cameron  |

I'd like to sincerely thank our 4 'retiring' members for their contribution over the past 2 years.

## Evacuation Drill Wednesday 3<sup>rd</sup> March

Our students reacted most sensibly during this recent practice drill, moving quietly and quickly to assemble on our oval. In the case of a 'real' need we all must know how to respond. Other drills will be conducted during the year, including one to evacuate offsite to Peter Lowe Reserve and one to come in from the playground (perhaps during morning recess) for a 'lockdown'.

## 'Playground Craze' Incursion

This is scheduled for Thursday 11<sup>th</sup> March for all students and consent forms have been available via Compass and are due by Tuesday 9<sup>th</sup> March. This company comes very highly recommended and I'm confident will support and align with our SWPBS/ Mindfulness/Resilience focused work at Mano. The Playground Craze uses Positive Pop Music to encourage confidence, resilience and kindness in kids (we've been playing some of this music as we come to and then leave Monday morning whole school assemblies). Cool pop music, fun videos and live in-school performances engage students with important social-emotional skills, covering topics such as confidence, resilience, kindness, persistence, friendship and cooperation. The messages help students strengthen self-awareness and self-management of the personal and social skills encouraged in the curriculum. For more information check out: [https:// www.theplaygroundcraze.com/](https://www.theplaygroundcraze.com/)

## House Cross Country Event Coming Up

This annual event for all Grade 3-6s will be held at Fyansford Common on Friday 12<sup>th</sup> March. Parents who have volunteered to assist with check points, recording and event supervision we owe a big thank you to – without your support this event could not proceed. Some students have been 'in training' and some have joined Mr Hambrook for morning warm up runs on our oval before classes commence on some school days! We appreciate that cross country may not be everyone's favourite event but all participants are reminded that they will earn points towards their House, whether they partly run and also need to walk some of the course. Parents are welcome to attend as spectators but will need to register at the registration table using our Mano QR code to ensure our event is COVID safe.

## Grade 4 Camp – Coastal Forest Lodge Anglesea

Our Middles team are planning this exciting upcoming event, due to be conducted during the last 3 days of this term. School camps can provide students with some fabulous positive experiences and memories - we hope this will be the case again with our stay at Coastal Forest Lodge. Please direct any concerns or questions about arrangements to Mrs Wakeman (Middles Team Leader). The cost of this camp has risen due to increased costs of transport and venues/activities. If you need support with Camp payment(s) please contact Leanne McKenzie at the Office.

CONTINUED ON PAGE 3

## Library News

Students have participated in Library lessons in a positive and respectful manner. It has been great to see how many students are organised and keen to borrow books each week. Keep up the great work!

### Library classes Prep - Grade 2

Monday- 2C, 2O, 2B, PK

Tuesday- 1S, 1A, 1C, PC, PH

Thank you for your co-operation.  
Mrs Bencic



## NEWS FROM MR ROWLAND CONTINUED:

### Good parent-teacher relationships

A good relationship with your child's teacher and school is a great starting point for handling any problems that come up at school. You can lay the groundwork for a good parent-teacher relationship by introducing yourself and getting to know your child's teacher as early as possible. Communicating and building relationships with your child's teacher is better than having contact with the teacher only when there's a problem.

Good parent-teacher relationships mean children:

- do better academically, emotionally and socially
- are happier at school
- attend school more regularly
- are better behaved.

### School problems: what to do?

It's normal for children to have some problems at school. Some problems are minor – for example, missing out on a leadership/responsibility position or forgetting to bring the right sports uniform. You and your child can usually sort these ones out yourselves. Some problems might be more complicated or long-lasting. For example, your child might be having ongoing difficulties in the playground with another child and the strategies you've suggested to your child haven't worked. With these problems, you might need to talk with your child's teacher to find solutions.

### How to approach school problems with teachers:

When you need to talk with teachers about problems, a calm and positive approach is likely to get a positive outcome for your child. Here's what to do.

#### 1 - Pause to calm down:

If something has just happened to upset your child, this can upset you too. Try to take some time to calm down before you do anything. This will help you avoid doing something you might regret later, like sending an angry email. You could say, 'I see you're very upset about this, and I'm upset too. We need to calm down so we can think about what to do'. Saying this will help your child to learn this strategy too.

#### 2 - Use it as a teaching opportunity:

Even with a serious problem, you can model positive problem-solving for your child by being positive, thinking about solutions and talking about working with the teacher. This is better than complaining or being aggressive. You could say something like, 'Let's ask Mr Smith if he has any ideas about how we can sort out this problem'. This kind of approach shows your child that you value the teacher's opinion.

#### 3 - Speak respectfully:

No matter what you think, it's important to speak positively and respectfully about your child's teacher, the school and other children in front of your child. If you complain or criticise the teacher or other children and their families, your child will do the same.

#### 4 - Go through the right channels:

This usually means talking directly to your child's teacher to start with, rather than the principal. Going straight to the principal can make the problem bigger than it is. It's best to make an appointment with the teacher so that you can discuss the issue privately. Depending on the issue and your child's age, it might be appropriate for your child to come to this meeting.

#### 5 - Avoid defensiveness:

When there are problems, people sometimes feel defensive. For example, if either you or the teacher feels criticised, you could both end up feeling defensive. Defensiveness can get in the way of problem-solving, so it's good to try seeing the teacher's perspective and to help the teacher see your perspective too. For example, 'I can see it's unrealistic to expect you to spend lunch time in the playground helping Ethan, but I'm worried because he's lonely and has nobody to play with. How can we both help him with this?'

Barry Rowland  
Principal

## Playground Craze

We are very excited that on Thursday 11<sup>th</sup> March the Playground Craze will be coming to perform an incursion based on 'The Happiness Habit'.

### **How do you make happiness a daily habit instead of letting it be a product of chance?**

For many children, happiness is a result of some external circumstance, but it doesn't have to be. The Happiness Habit teaches children to take the power of their emotions back in their hands. This fun and interactive performance encourages students to choose happiness when and where they want with practical ideas and activities.

SWPBS Team - Amy Tickner, Aimee Cameron & Kristie Ilett

## Are You Using Compass Pay & Receiving Compass Notifications?

Each week the Office sends notifications to Parents and Staff through Compass. It is crucial that parents keep up to date with school notifications via Compass. If you do not have the Compass app and notifications set up correctly on your phone you could be missing out on important updates.

Each family has a unique family code to log in to Compass.

If you need assistance logging in to Compass please contact the Office on 5229 9643.

# STUDENT OF THE WEEK

|                |   |
|----------------|---|
| <b>PC</b>      | <b>MILLA BARRON</b> - Milla has made a fantastic start to school! She always displays the school values by displaying the 5Ls, trying her best at all tasks and being kind and helpful to her classmates. Awesome Milla!  |
| <b>PH</b>      | <b>MIA THOMAS</b> - Mia has had a wonderful start to her Prep year, consistently modelling safe and responsible behaviours, as well as developing terrific work habits. Magnificent Mia!  |
| <b>PK</b>      | <b>RUBY FRANCIS</b> - Ruby has settled in marvellously to her first year at school. She is always modelling safe and responsible behaviours, following instructions and always puts in her best effort. Keep it up Ruby!  |
| <b>1A</b>      | <b>CHARLOTTE FILIPOV</b> - Charlotte is a polite and respectful member of 1A. She can always be relied upon to display the School Values and positive behaviour. You are wonderful Charlotte!   |
| <b>1C</b>      | <b>HARRISON ARMSTRONG</b> - Harrison is spot on when asking for permission to leave our classroom - every single time...beautiful manners too!  |
| <b>1S</b>      | <b>PRESTON DAVYS</b> - Preston is an extremely responsible member of 1S. He always asks for permission before leaving the room. Perfect Preston!  |
| <b>2B</b>      | <b>ARI WILDE</b> - Ari is kind, considerate and displays terrific manners. He cares about the safety of all class members and sets a fine example for us all. Brilliant Ari.  |
| <b>2C</b>      | <b>JACOB POPOVSKI</b> - Jacob always checks with a member of staff before he leaves the classroom, and ensures he is showing safety consistently. Fantastic work Jacob!   |
| <b>2O</b>      | <b>SOPHIE GELLION</b> - Sophie always acts in a responsible manner and consistently asks for permission before leaving the room. Sensational Sophie!  |
| <b>MC</b>      | <b>CHLOE SPAREY</b> - Chloe consistently ensures that she acts in a safe and responsible manner, asking for permission before leaving the room each time. So courteous, Chloe!  |
| <b>MH</b>      | <b>MAHIBA SAAD</b> - Mahiba always asks permission to leave the classroom. You have wonderful manners Mahiba. Marvellous Mahiba.  |
| <b>MQ</b>      | <b>HIRAANI ANDERSON</b> - Hiraani is a safe and respectful member of MQ. She always uses her manners and makes sure to ask permission before leaving the classroom. Keep up the great work Hiraani!   |
| <b>MS</b>      | <b>KIE BUSHELL</b> - Kie always shows excellent safety and responsibility in the classroom. He consistently asks permission to leave the class and uses lovely manners every time. Superstar Kie!   |
| <b>MW</b>      | <b>JORJA STEFANOVIC</b> - Jorja is a polite and respectful student who always ensures she uses her manners when she asks for permission to leave the room. Amazing Jorja!   |
| <b>SG</b>      | <b>LAYLA FOLEY</b> - For being a most respectful and safe member of Senior G. Among many other things, Layla ensures she asks permission if needing to leave the classroom.   |
| <b>SN</b>      | <b>CHASE FOLEY</b> - Chase always makes sure to let the teacher know where he is going and moves around the school safely and responsibly. You're a champion Chase!   |
| <b>SS</b>      | <b>MATILDA NORMAN</b> - Matilda has been offering some terrific and insightful contributions to class discussion on a range of topics this week. What a great way to show the depth of your understanding and to propel the ideas of our class too, Matilda. Keep up the fabulous effort! |
| <b>ST</b>      | <b>LUCAS TYE</b> - Lucas, you've blown me away with your Maths skills this week! Well done in persisting even when things are tricky. You've been using a range of strategies and given all subjects a red hot go. Keep up that positive mindset. We are so lucky to have you in ST.      |
| <b>SV</b>      | <b>AAYLAH BROCKENSHIRE</b> - Aaylah understands the importance of safety everyday in SV where she always asks before leaving the room. Outstanding Aaylah!  |
| <b>MUSIC</b>   | <b>INDIA FORSYTH</b> - India has been participating in all Music activities with enthusiasm and is always a polite and respectful member of class. Keep up the amazing work India!  |
| <b>ART</b>     | <b>HENDRIX VAN DEN HAM</b> - For working hard on his painted ocean picture and also assisting others in Art.  |
| <b>PE</b>      | <b>XAVIER WILLOUGHBY</b> - For his wonderful enthusiasm, attitude and self discipline towards his training for Cross Country each morning. Super effort Xavier!   |
| <b>SCIENCE</b> | <b>LOGAN JOHNSON</b> - For his outstanding effort in his detailed and engaging presentation on tornadoes. Fabulous work Logan!  |
| <b>LIBRARY</b> | <b>SOPHIE BEYER</b> - For consistently working to the best of her ability. Her work is neat and well presented. Fantastic effort Sophie!  |

# Shining a light on our Student Leaders

At Mano, we are very lucky to have fabulous Student Leaders. Each Semester (half year), we appoint two School Captains. Each Term, we appoint four House Captains and two Leadership Team members. You might well have already met these superstars out in the school community. Presenting our 2021 Term 1 Leaders!



|  
**Ella Logan**  
*School Captain*



|  
**Morgan Blake**  
*School Captain*



|  
**Xavier Armstrong**  
*Manifold House Captain*



|  
**Annabelle Owen**  
*Narmbool House Captain*



|  
**Charlie Hair**  
*Purumbete House Captain*



|  
**Parker Manning**  
*Strachan House Captain*



|  
**Ruby Burns**  
*Leadership Team*



|  
**Aaylah Brockenshire**  
*Leadership Team*

## 2021 MANIFOLD HEIGHTS CROSS COUNTRY- FRIDAY 12<sup>TH</sup> MARCH

Our House Cross Country is getting closer and all students are doing a wonderful job of training, participating and having a go at our running sessions each week ☺ Others are also doing extra training outside of school which is wonderful to hear!

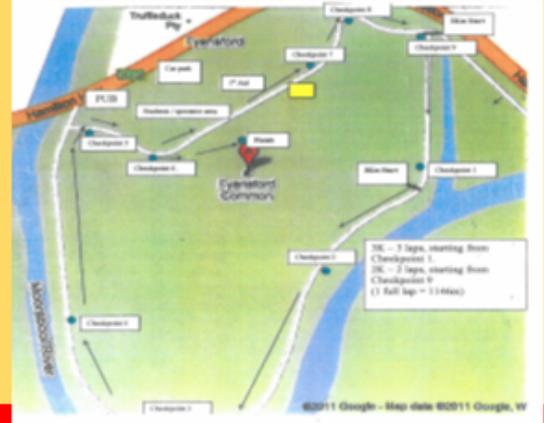
**Please click on below link for some Cross-Country HINTS, TIPS and IDEAS ☺**

[https://content.nike.com/content/dam/one-nike/en\\_lu/SP16/Kids/PDF/Kids Ready Set Go Running Guide.pdf](https://content.nike.com/content/dam/one-nike/en_lu/SP16/Kids/PDF/Kids Ready Set Go Running Guide.pdf)

Thank you to those parents who have nominated to volunteer. All places are now filled. ☺ All volunteers will meet down at Fyansford Common at the finish line at 10:20am. A message via Compass will go out next week with a role assigned to each helper ☺

### ORDER OF RACES:

| TIME    | AGE GROUP               |
|---------|-------------------------|
| 10:45AM | GIRLS 9/10 YEARS (2km)  |
| 11:00AM | BOYS 9/10 YEARS (2km)   |
| 11:30AM | GIRLS 11 YEARS (3km)    |
| 11:50AM | BOYS 11 YEARS (3km)     |
| 12:10PM | GIRLS 12/13 YEARS (3km) |
| 12:30PM | BOYS 12/13 YEARS (3km)  |



### MUST READ- Covid19 Rules and Regulations

*Volunteer helpers AND spectating families will need to sign in using the 'Mano' QR code provided at our table as you attend. This is a MUST- We ask that you please socially distance the best that you can at this event and if this is unachievable please wear your face mask.*

**Make sure your child is wearing their house colour shirt and has suitable running shoes along with a drink bottle!**

| NARMBOOL  | STRACHAN  | MANIFOLD  | PURRUMBETE  |
|---|---|---|---|
|  |  | <br><small>Front Back</small> | <br><small>©2020 schoolhouse</small> |

Regards, Mr Hambrook



**JOIN THE DRAGONS!**

**WOULD YOU LIKE TO TRY OUT FOOTBALL THIS SEASON ?**

**COME AND TRY - WED MARCH 3RD**

|                    |              |
|--------------------|--------------|
| U9-11 BOYS         | 4:30-5:30 PM |
| U12 GIRLS          | 4:30-5:30 PM |
| U13 BOYS AND GIRLS | 5:30-6:30 PM |



34-70 Calvert Street  
HAMLYN PARK  
HAMLYN HEIGHTS

**contact Sean Jones 0417 550 748**



**SAVE THE DATE**

**BUNNINGS BBQ**

**ALL PROCEEDS TO GO  
BACK TO THE SCHOOL**

**SUNDAY 28TH  
MARCH**

**SIGN UP DETAILS OUT  
NEXT WEEK**



## Year 7 Enrolment Information Evening

Wednesday 10 March, 2021 from 6:00pm to 7:30pm

## Open Day

Thursday 11 March, 2021 with tours at 9:30am  
or 10:30am

## Selected Entry Advanced Learning Program Information Evening

Tuesday 16 March, 2021 from 6:30pm to 7:30pm

For further information, contact Damien Toussaint  
(SEALP enquiries) or Chelsea Bright (general enquiries)  
on (03) 4243 0500 or  
[matthew.flinders.girls.sc@edumail.vic.gov.au](mailto:matthew.flinders.girls.sc@edumail.vic.gov.au)



**MFG**  
Matthew Flinders  
Girls Secondary  
College

Parents and prospective students are warmly invited to our

# *Information Evening*

*Thursday 11th March, 2021*

6.00pm in the Gymnasium



Presentation  
6.00 – 6.20pm

Self-guided tours  
and specialist  
information sessions  
6.30 – 7.30pm

Details of our Select Entry Accelerated Learning, Scholarship and Excellence in Sports Programs will be provided at the Information Evening



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[www.ngsc.vic.edu.au](http://www.ngsc.vic.edu.au)

[www.facebook.com/northgeelongsc](https://www.facebook.com/northgeelongsc)

# BarryPlant

## Sonya Kurul

Sales Consultant  
Barry Plant

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## School Holiday Program Here!

Book Online  
[teamkids.com.au](http://teamkids.com.au)

p: 9532 0366



Mano's before and after school care program is run by Camp Australia. More information can be found at



OSHC school number:  
0405 422 142

Customer Service:  
1300 105 343

- 'We make kids smile'



## Andrew Wheeler Music Tuition

Guitar | Piano | Singing | Ukulele | Drums

School music lessons



- Kids taken out of class during the day.
- Rotating lesson times
- Books organised

Email: [lessons@andrewwheelermt.com.au](mailto:lessons@andrewwheelermt.com.au)

0448 994 009



## NOONE

BEST IN CLASS SINCE 1947

Proud suppliers of the  
Manifold Heights Primary  
School uniform

Open: Monday – Friday 9:00am – 5:30pm

Saturday 9:00am – 1:00pm



## Compass School Manager

You can download our Compass app for **FREE** at the App Store (iPhone) or Google Play Store (Android). Just search **Manifold Heights Primary**. This is a great method of communication between the school and our parent community! You can receive notifications about upcoming events and notify the school of student absences. You can now use CompassPay to consent and pay for excursions online! CompassPay is a quick and easy way for parents to consent and pay for an event at anytime from anywhere. Compass Pay is a secure payment portal and will not store any payment information you enter.