

Mano TIMES



Unleashing Potential

CONTACT US

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Please also find us on
Facebook



MANIFOLD HEIGHTS PRIMARY SCHOOL NEWSLETTER

Date: 3rd March 2022

Principal: Christian Smith
Business Manager: Ros Fantini

Assistant Principal: Peta Mundine
Administration: Jacquie Clancy

Important Dates

MARCH	
Mon 7th March - Wed 16th March	Life Education Van, Prep - Grade 4 students
Mon 7th March	Seniors NGSC Transition Visit
Wed 9th March	Mano Family Picnic, 5:30pm, Oval
Fri 11th March	Lightning Premiership, Senior Students Grade 1 Big Day Out Victorian State School Spectacular Regional Rehearsal, Western Heights College
Mon 14th March	Labour Day Public Holiday, No Classes
Fri 18th March	House Cross Country, Fyansford Common, Middles & Seniors Students
Mon 21st March	Pupil Free Day - No Classes School Council Meeting, 7:30pm
APRIL	
Wed 6th - Fri 8th April	Grade 4 Camp, Anglesea
Fri 8th April	Term 1 Ends, 2:30pm dismissal

Upcoming Event Consent Forms and/or Payments Due

Life Education Visit Consent & Payment	4th March 2022
Victorian State School Spectacular Consent	7th March 2022
Grade 4 Camp Expression of Interest & Deposit	8th March 2022
Grade 1 Big Day Out Consent & Payment	9th March 2022
House Cross Country Consent & Payment	10th March 2022
Victorian State School Spectacular T-shirt orders	11th March 2022

DO YOU HAVE A STUDENT STARTING IN PREP NEXT YEAR?

If you have a student due to be starting school in 2023, please collect an enrolment form at the General Office. Our cut off date for Prep 2023 is Monday 31st May 2022.

NEWS FROM MR SMITH

Dear School Community Members,

Recently I listened to a Podcast produced by highly acclaimed educator and researcher, Sue Larkey. The Podcast focussed on 'Understanding Screen Addiction'. The Podcast highlighted the challenge many families are experiencing with managing screen time with their children following the extended periods of lockdown over the last two years. Sue Larkey and her guest, Simon Da Roza, provided many tips, ideas and resources that families can consider to support and manage screen time with their children. The Podcast can be found by searching "Sue Larkey – Understanding Screen Addition" in your preferred Podcast platform. The Podcast aligned very closely with a keynote presentation from Susan McLean last year that I wish to share with our families. Susan has spent the last 22 years sharing her stories, knowledge and expertise to keep kids cyber safe. Below is my learning from Susan's session that may assist families when working with their children in managing screen time:

- By the age of 11, the majority of boys have had multiple exposures to Pornographic images and clips
- YouTube is one of the most popular platforms for primary age children and 90% of 9 year old children have had exposure to 'inappropriate' material on YouTube
- The internet minute – it is staggering to see the snapshot of what happens on the internet in a minute (see link: <https://www.visualcapitalist.com/from-amazon-to-zoom-what-happens-in-an-internet-minute-in-2021/>)
- Primary aged children don't know life without technology or a 'device' free world
- Devices and technology are here to stay so adults need to learn to embrace 'it' with a balance
- Families are advised to develop their technology (device) agreements underpinned by the 3 R's – Respect, Responsibility and Reputation
- Primary aged children should never be allowed to take their device into their bedroom or bathroom
- Families are often not aware of the impact technology and devices have on their children's quality of sleep – quality sleep is the only time our body and mind 'repairs'
- 52% of requests for nude photos comes from someone they don't know
- If kids perceive you don't like technology, they will never come to you when they have a problem online
- Kids will make mistakes on technology – don't ignore these mistakes, but education and forgiveness is the best response
- "Parents need to parent" – it is OK to insist our children have a balance with socialisation by providing opportunities to "play at the original Playstation" (see attached images)

Welcome Ms Jess Chapman: We are pleased to welcome Ms Jess Chapman to Mano as our Seniors N classroom teacher. Ms Chapman comes from Berwick Fields Primary School and recently moved to the Geelong area. Ms Chapman has settled in extremely well and we look forward to Ms Chapman's contribution throughout the year.

Student Learning – Art: Our students have had a wonderful start to 2022 in the Art Room. It is always wonderful to be creative in our large, bright, well equipped Art room.

Prep students have settled in well. We are very lucky to have Prep helpers - four Grade 5 and 6 students are rostered on each week to

work with each Prep class in Art. It is a valuable program for all the students and the teachers too! So far the Preps have created a collage of themselves in school uniform. They have used printing techniques to print their names and they have explored painting skills by mixing red and yellow paint.

Grade 1 students have been working on drawing and painting techniques. They have drawn yachts to show that things appear bigger in the foreground and look smaller in the distance. Students have coloured with crayon and then painted with food dye and added salt to create 'frothy' water.

Grade 2 students have also been working on drawing and painting techniques. They have added a horizon line and a detailed background to their colourful boat pictures. Students have been practising their outlining skills. They have also used white crayon and painted over this to add texture to their work.

Middle students have had great fun creating a fish by tracing around their own shoe to create the body of a fish. Students have used blending techniques with very oily pastels known as Supermix pastels. They have also explored food dye and salt to create an effective water background.

Senior students are all working on their Wayang Golek puppets. It has become a tradition over the years that students create these very fascinating Indonesian puppets. The students are currently working on the structure of their puppet which involves using a dowel rod, a polystyrene egg, newspaper, cardboard and armature wire.

As stated by Pablo Picasso - Every Child is an Artist!

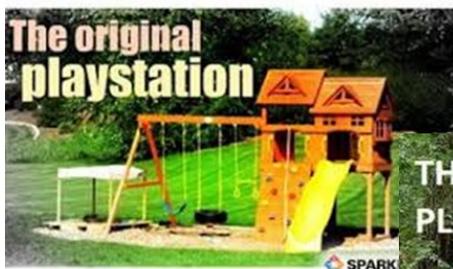
School Review: Our second School Review Day was held yesterday whereby an independent panel met with a range of stakeholders to gain some further insight into Mano's strengths and opportunities for improvement. The stakeholder groups included students, families and staff. While the findings will be part of the School Review report, I am pleased to report that the panel were extremely impressed with so many aspects of our school and highlighted the strong focus on student safety and wellbeing. Our third and final day is next Wednesday, 9th March, whereby the findings of the review will be presented and the panel will develop a set of key improvement strategies, goals and targets for the next four years. We look forward to sharing this information with families in the coming weeks.

Assembly: Our assembly at 9:10am on Monday will be live streamed via YouTube. All families are welcome to join us by clicking on the link below:

<https://youtu.be/I0N8XYeSIMk>

Thank you for supporting our school and have a great week.

Christian Smith
Principal



STUDENT OF THE WEEK

PREP G	HARVEY MARTIN - Harvey always uses his manners. He can regularly be found moving safely through spaces and has shown a great effort to let others out of a space before moving inside. Well done Harvey!
PREP H	XANDER YOUNG - Xander has demonstrated fantastic manners and respect this week, waiting patiently at the door for classmates and teachers to enter. What a star, Xander!
PREP O	TRIXIE MCINNES - Trixie always displays respectful behaviour both inside and outside of the classroom. Awesome job Trixie!
1A	ZIGGY GREVILLE - Ziggy acts in a respectful and responsible manner both in the classroom and around the school. You are a great role model to your peers. Keep it up, Ziggy!
1C	JACK CUMMINS - Great leading of the grade to allow two teachers to pass through the doorway first this week Jack. Appreciated Jack!
1S	HARRY HUTCHINSON - Harry has incredible manners and is constantly showing respect to all members of the Mano community. Brilliant Harry!
2B	ALFIE TANNER - Alfie always shows respect for others and uses his manners consistently in the classroom. What an amazing example for the class Alfie!
2C	SEBASTIAN SAARINEN - Seb consistently waits for others to pass through a doorway before he exits or enters a building or classroom. He has amazing manners! Brilliant work Seb!
2O	PATRICK CONNOR - Patrick courteously waits for adults to walk through the doorway before using it himself. Very respectful Patrick!
MD	SPENCER JEPPESEN - Spencer is a kind and considerate classmate to all of his peers in MD. He is always searching for ways he can help out around the classroom and will always hold the door open to let others pass through first. Terrific Spencer!
MQ	NOAH POWER - Noah is a respectful member of MQ who is always looking out for others. He shows his manners at all times and goes out of his way to help those that need it. Sensational Noah!
MS	TOMMY BASKIN - Tommy is a very polite student who makes sure everyone around him is happy. He shows a positive attitude towards learning each day. Terrific Tommy!
MV	GEORGIA ZAMMIT - Georgia shows impeccable manners by opening the door for others. Just sensational Georgia!
MW	ZEPLIN VAN DEN HAM - Zeplin has a heart of gold and is always displaying his kindness to anyone he passes. That includes always holding doors open for others and allowing them to enter before himself. Keep on shining Zeplin!
SG	LUKA KICHAKOV - For being a most courteous member of Senior G. Luka is always polite and shows great respect towards his peers and teachers, both within and beyond the classroom walls.
SN	POPPY LING - Poppy is a kind and welcoming member of the class. She continues to show positivity and excellent manners throughout the day. Wonderful effort Poppy!
SS	MAYA BOWEN HORVATH - Maya greets each day with a wonderful, positive attitude, which radiates through the whole room. Thanks for making our classroom a wonderful place to be!
ST	MADISON MUIR - Maddie is exceptionally respectful to absolutely everyone in our grade and across the school. She always thinks of others first, and leads by example. Marvellous Maddie!
SW	OWEN JARVIS - Owen is always polite and kind to others whilst always using excellent manners. Great stuff Owen!
MUSIC	ASTON RICKARD - Aston has shown the five Ls consistently during Music and he was a great dancer during our 'Just Dance' session this week. Well done Aston!
ART	AMELISE BEAULAC - Amelise listens enthusiastically, follows instructions and is a respectful class member during Art. You're amazing Amelise!
PE	SAM AIREY - Sam has shown a motivation towards our softball and volleyball practise this term and is demonstrating great improvements through listening to feedback and staying on task. Ripper effort Sam!
SCIENCE	CHLOE TANNER - Chloe has shown great responsibility and respect by supporting and collaborating with her peer group to research and design a very creative 'Camel in the Arctic'. Top effort Chloe!
LIBRARY	ALFIE TANNER - Alfie is to be commended in his efforts to contribute some thoughtful and confident opinions during our author study. He was engaged and ready to learn. Well done Alfie.



BELL POST HILL FNC AUSKICK 2022

Auskick season commences Friday 29th April 2022

Never played football or keen to see what it is all about,
please feel free to join us for the first session

10 weeks of fun every Friday night 5-6pm

Myers reserve

To register go to

www.playhq.com/afl/register/195766

#bphfnc22

Life Education Visit

The Life Education Program will be running in our school over the next fortnight, commencing Monday 7th March.

Prep to Grade 4 students will engage in programs (selected by each teaching team) to promote health, wellbeing, friendship and cyber-safety.

Parents have the opportunity to enrol and take part in a webinar to learn more about the program and how it supports our health and wellbeing teaching.

Use the following link to register and join a session: <https://www.lifesmartkids.com.au/parent-sessions>



Year 7 2023

Information and Open Night

Wednesday 2 March 6pm - 8pm

Bookings essential: <https://compassstix.com/e/tets2hn313>

37-61 Vines Road
Hamlyn Heights 3215

Find out more
T: 03 5277 1177

info@whc.vic.edu.au
www.whc.vic.edu.au

I can start now

Years 7-12



MANO'S HOUSE CROSS COUNTRY 2022



HAVE YOU TRAINED!?



WHEN: FRIDAY 18TH MARCH

WHERE: FYANSFORD COMMON

PURPOSE: FOR GRADE 3-6 STUDENTS TO REPRESENT HOUSE TEAMS AND GAIN POINTS FOR THE OVERALL YEAR.

Age Group Distance: 8, 9 and 10 Year old students will run 2km track. 11, 12 and 13 year old students will run the 3km track.

STUDENT CHAMPIONS WILL BE SELECTED TO PROGRESS TO THE 'DISTRICT CROSS COUNTRY' IF THEIR TIMES MEET STANDARDS.

Remember you will need to wear your house colours on the day along with comfortable running shoes, shorts and an enthusiastic attitude

<u>NARMBOOL</u>	<u>STRACHAN</u>	<u>MANIFOLD</u>	<u>PURRUMBETE</u>
		<p>Front Back</p>	<p><small>©2022 MANIFOLD HEIGHTS PRIMARY SCHOOL</small></p>

****Parent Helpers still needed. Please contact Jacquie at the Office if you can assist on the day as a Marshall. Working with Children Check and COVID Certificate required. Thankyou!**

FRIDAY 11TH MARCH SUMMER LIGHTNING PREMIERSHIP

Dear Parent/Guardian/Carer,

Just a reminder that next Friday 11th March, ALL Senior students will be representing Mano in 1 of 4 sports against participating district schools for fun and competition. The Summer sports we have been training for are Cricket, Softball, Volleyball and Basketball. Mano is in the Aberdeen North Geelong District in which we participate against Fyans Park P.S., Chilwell, Rollins, Hamlyn Banks and South Geelong. The event is compulsory for students to attend in their designated sport and team. It's a great way for students to learn new skills and new sports and also play with a variety of friends and other kids!

This event is a whole day out from school and the children are expected to **bring the following to school**: Students can wear 'Mano' shorts/pants, skorts or black skins that are appropriate to the required sport.

Basketball: Shorts MUST have no pockets- Pocketless shorts- Mano BBall Singlet will be provided. NO jewellery.

Volleyball/VolleySTARS: Mano Green T-Shirt with Comfortable shorts, skorts or skins. NO jewellery.

Cricket and Softball: Cricketers to wear 'Mano' shorts with a White Mano T-Shirt. (If no white-Green is fine) NO jewellery.

- Drink Bottle
- Fruit/Snack
- Packed Recess and Lunch
- Hat/Sunscreen
- School Uniform- Green or White Mano top.
- Appropriate Running Footwear
- Mask on the bus

Time: Bus Departs 'Mano' at 8:50am and students return back to school at approximately 2:30pm. Please make sure you are at school before 8:45am so we can leave on time and arrive at the designated venue.

Venue: There are 2 venues for the day and are different for the sport that your child is playing in.

Cricket and Softball- Stead Park- **190-216 PRINCES HIGHWAY, CORIO**

Basketball and Volleyball/VolleyStars- GBNC and Vic Beach- **1A Crown St, South Geelong VIC 3220**

First Aid will be provided at the venue and your teachers will have student medication with them throughout the day. Please bring your own asthma puffer if required.

Parent helpers on the day to please meet at the required venue at around 9:15am to meet students and staff. Once again I really appreciate those parents who are assisting on the day as coaches!

Regards,

Mr Hambrook



Music News

Junior Music P-2

The Junior students always have a fun game to start their Music lesson and are learning about how to know the difference between their talking voice, singing, whisper, robot, French, Italian, opera and shouting voices. In Music they have a focus on pitch for Term 1 and are learning to use their singing voices in the correct way. We have discovered that we can use our teddy friends to help us keep the beat with our songs and movement is enjoyed with scarfs. These activities have been keeping our Junior's very busy in Performing Arts.



Mano Ensembles:

It's not too late to join one of our Mano ensembles they have been very popular this year and have many excited students involved. Junior Choir Prep-2, Senior Choir Grades 3-6, Rock band Grades 3-6 and Rock Band Dance Troupe Grades 5-6.

You don't need any experience playing an instrument to join. Last year at our end of year concert the students who showed commitment were rewarded with their amazing performances at the concert. If your child is thinking of joining one of the groups at Mano I am expecting that they are committed to rehearsals every week and are not going to leave the group after a few weeks. Getting groups together and making progress needs all students to have this commitment to get the best results for the group and makes for a fun environment to perform in.

If your child is interested in joining these fun groups below are the rehearsal days. Announcements are made on each day to remind students about the rehearsals.

Monday	Junior Choir (P-2)	Music Room
Wednesday	Senior Choir (Gr3-6)	Music Room
Friday	Rock band (Gr3-6)	Music Room
Friday	Dance Troupe (Gr5-6)	Multi-Purpose Room

I would love to see many new faces this year so come and have a go!

Mrs. Meegan Baker



Naplan in 2022 will be conducted online with the use of i-pads. In order to prepare for this the **NAP - Locked down browser App** needs to be downloaded to your child's i-pad. This is a free app, please see below for what it looks like. Please note only year three and five students need to download the app.



Year 7 Enrolment Information Evening

Wednesday 9 March, 2022 from 6:00pm to 7:30pm

Open Day

Thursday 10 March, 2022 with tours from 9:30am to 10:30am

Selected Entry Advanced Learning Program Information Evening

Tuesday 15 March, 2022 from 6:30pm to 7:30pm

For further information, contact Damien Toussaint (SEALP enquiries) or Chelsea Bright (general enquiries) on (03) 4243 0500 or matthew.flinders.girls.sc@education.vic.gov.au



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59 Gheringhap Street
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School Holiday
Program Here!

Book Online
teamkids.com.au

p: 9532 0366



Mano's before and after school care
program is run by Camp Australia.
More information can be found at



OSHC school number:
0405 422 142

Customer Service:
1300 105 343

- 'We make kids smile'



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School Music Lessons

0448 994 009

andrew@awmt.com.au



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Manifold Heights Primary
School uniform

Open: Monday – Friday 9:00am – 5:30pm

Saturday 9:00am – 1:00pm



Compass School Manager

You can download our Compass app for **FREE** at the App Store (iPhone) or Google Play Store (Android). Just search **Manifold Heights Primary**. This is a great method of communication between the school and our parent community! You can receive notifications about upcoming events and notify the school of student absences. You can now use CompassPay to consent and pay for excursions online! CompassPay is a quick and easy way for parents to consent and pay for an event at anytime from anywhere. Compass Pay is a secure payment portal and will not store any payment information you enter.