

Mano TIMES



Unleashing Potential

CONTACT US

Manifold Heights Primary School
Strachan Avenue
Manifold Heights 3218

P: 03 5229 9643
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Please also find us on
Facebook



MANIFOLD HEIGHTS PRIMARY SCHOOL NEWSLETTER

Date: 23rd February 2023

Principal: Christian Smith

Business Manager: Jessie Burney & Jacque Clancy

Assistant Principal: Peta Mundine

Administration: Jacque Clancy & Georgia Slater

Important Dates

FEBRUARY

Tues 28th February Prep Dental Nurse Visit

MARCH

Thurs 2nd March Grade 1 Dental Nurse Visit

Wed 8th March Mano Family Picnic, 4:45pm - 6:30pm

Fri 10th March Prep Proud to Be Me Incursion
Mano House Cross Country, Grade 3 - 6 Students

Mon 13th March Labour Day Public Holiday, No Classes

Tues 14th March District Swimming, Selected Students, Kardinia Pool

Wed 15th March - Mon 27th March NAPLAN Grade 3 & Grade 5 students

Fri 17th March Whole School Photo Day (NEW DATE)

Mon 20th March VSSS Rehearsal, Western Heights College (Selected Students)

Thurs 23rd March Grade 6 Preparation for Puberty

Fri 24th March Grade 1 Big Day Out

Wed 29th March Grade 6 Preparation for Puberty

Thurs 30th March Summer Lightning Premiership, Senior Students, Parent Helpers Required

APRIL

Tues 4th April - Thurs 6th April Grade 4 Camp, Anglesea

SAVE THE DATE

School Photo Day

Friday 17th March

Upcoming Event Consent Forms and/or Payments Due

House Cross Country Consent & Payment	8th March
Prep Proud to Be Me Incursion Consent & Payment	10th March
Grade 6 Preparation for Puberty Consent & Payment	20th March

NEXT WEEK'S SWPBS FOCI (WEEK 5): I recognise and regulate my emotions (I take responsibility)

NEWS FROM MR SMITH

Dear School Community Members,

We had a number of families contact us following last week's newsletter regarding managing their child's screen time. As a result of this, we have begun planning a Parent Education session on 'Managing Your Child's Screen Time'. We are hoping to provide details of this session in the coming weeks. As a follow up from Sue Larkey's podcast on 'Understanding Screen Addiction', Sue highly recommends co-creating a "Device Agreement" with your children. There are many examples of 'Device Agreements' online that families can utilise. Some common aspects of an effective 'Device Agreement' are:

Devices and technology are not permitted in bedrooms or the bathroom

I acknowledge that parental controls will be used when needed

Always be kind, polite and respectful when online

Share with me/us what you're doing online

The key to developing a 'Device Agreement' for your home is co-creating it with you children.

Attached to this newsletter is an example of a possible agreement.

Meet & Greet Parent Teacher Discussions: Thank you to our families for engaging in our Parent Teacher Discussions yesterday afternoon. These conferences have certainly provided our teachers with important information that they will utilise to maximise the learning and wellbeing of our students. Sharing information between home and school has many benefits. We encourage families to utilise Seesaw to continue the communication with your child's teacher.

Lunch Time Clubs at Mano: Congratulations to our student leadership team and Mrs Forsyth in coordinating our Lunch Time Clubs that commenced on Monday. Many of our students have attended our Lunch Time Clubs this week and have provided very positive feedback. We encourage families to discuss the lunch time activities with their children as another opportunity to engage with during their lunch time.

Parent Opinion Survey - 2022: Our 2022 Parent Opinion Survey results arrived last week and the feedback validates that the high majority of our school is in great shape. In almost all variables, our results indicated our families are more satisfied than most other schools. Below is a snapshot of our results:

While we will celebrate the areas that indicate a high level of satisfaction, we will utilise the data to review our 'Teacher Communication' processes and develop strategies to improve this. We look forward to sharing our progress in the coming months.

Student Leadership: Our student leaders have continued to display and demonstrate the high standards we expect from our leaders. We announced our Class Ambassadors and Positive Behaviour and Wellbeing Leaders at our Assembly on Monday. We congratulate these students. Included on page 3 of this newsletter is a copy of our entire Student Leadership Team.

School Council: Our School Council met on Monday night (20th February) for our first meeting of 2023. The Council play an important role in the school's governance and oversee the formulation of policies, plans for facilities and infrastructure, scrutiny of finance, and the long-term vision and direction of the school. Below is a list of the key agenda items:

- The results of our 2022 Parent Opinion Survey was shared and discussed. This included highlighting the celebrations and the opportunities for improvement
- Our 2023 Annual Implementation Plan was tabled, discussed and endorsed
- Our Parents and Friends committee shared their events calendar with School Council. Each event was endorsed, including two new events – Hot Cross Bun Fundraiser and the 'Dads Night Out'
- Discussed our Outside Hours School Care and Holiday Program contracts that expire throughout the year – School Council will be seeking feedback from our families on each of the programs (further information to come)
- School Council elections – outline of process

Each of our School Councillors are deeply committed and invested in our school. Please contact them if you have any feedback or concerns (please visit our [school website](#) to see a list of our councillors).

Thank you for supporting our school and have a great week.

Christian Smith

Principal

Variable	2022	Similar Schools	State	Variable	2022	Similar Schools	State
General School Satisfaction	72%	67%	73%	Managing Bullying	82%	76%	78%
School pride and Confidence	90%	82%	83%	No Experiencing Bullying	71%	66%	66%
Stimulated Learning Environment	77%	75%	78%	Promoting Positive Behaviour	91%	83%	85%
Positive Transitions	86%	80%	82%	Student Connectedness	90%	87%	89%
School Communication	80%	78%	81%	Teacher Communication	63%	67%	71%

Student Leadership Team 2023



SCHOOL CAPTAINS	VICE CAPTAINS
Leila Majtara	Chloe Tanner
Archie Rahles-Rahbula	Archie Grant

MANIFOLD	STRACHAN	PURRUMBETE	NARMBOOL
Tymerah Young	Hiraani Anderson	Thomas Muller	Gwen Spanninga
Jack Biscan	Piper Rickard	Kelly Hose	Esther Walker

Positive Behaviour and Wellbeing	Class Ambassadors and Junior School Council Members	
Gr. 3: Zaari Anderson	Gr. 2B: Winnie Wallace	Seniors L: Hamish Dodemaide
Gr. 3: Bonnie Hickmon	Gr. 2O: Sonny Slater	Seniors M: Linc Dowie
Gr. 4: Lewis Pabst	Gr. 2S: Frank Statham	Seniors T: Harry Watson
Gr. 4: Ivy Gercovich	Gr. 3G: Scarlett Skipworth	Seniors W: Siddarth Sivanesan
Seniors: Zeplin Van Den Ham	Gr. 3Q: Sadie Knight	Seniors C: Blake Gellion
Seniors: Jorja Stefanovic	Gr. 3/4S: Willow Haigh	
Seniors: Evelina Currie	Gr. 4F: Frankie Grant	
Seniors: Jack Francis	Gr. 4M: Abby Daly	

NAPLAN test dates for 2023: 15th to 27th March

Students in Years 3 and 5 at Manifold Heights Primary School will be participating in four tests, covering:

- Writing
- Reading
- Conventions of Language and
- Numeracy

As soon as we are able to confirm the actual dates of these tests this will be communicated on Compass notifications and the school newsletter.

Lock Down Browser App - Please download the 2023 NAPLAN lock down browser on your child's device prior to NAPLAN.



Information for parents

<https://www.vcaa.vic.edu.au/assessment/f-10assessment/naplan/Pages/parents/index.aspx>

STUDENT OF THE WEEK

1A	BROCK NEIGHBOUR - Brock demonstrated an excellent understanding of how he can recognise and regulate his emotions in this week's Social and Emotional Learning (SEL) lesson. A brilliant effort Brock!
1B	MIMI BENSON - Mimi is able to use a wide range of strategies to calm herself or energise herself when needed. She is able to talk about how she is feeling. Terrific effort Mimi!
1C	LOUIE DODEMAIDE - All term Louie has been aware of controlling his thoughts and actions. He verbalises the reasons why this skill is so important. What a tremendous role model!
2B	AIYANA BIDIT - For showing great emotional resilience and taking pride in her work. Well done Ai yana!
2O	HUGO THOMPSON - Hugo has made a fantastic start at Mano. He is consistently 'Ready to Learn' and makes the most of
2S	HARRY SIVITER - Harry is always switched on and ready to learn at the start of the day. He goes out of his way to make sure the classroom is organised and prepared, so we can all make the most of our learning time together.
3G	MILLA CAMERON - For working hard to recognise and regulate her emotions. Milla is a thoughtful and considerate student who will ask questions and clarify for her own understanding.
3Q	STELA TASCAS - Stela comes in ready to learn for every lesson in a positive frame of mind. She is a role model for demonstrating such a wonderful attitude to school. Sensational Stela!
3/4S	CHARLOTTE FILIPOV - Charlotte consistently demonstrates all of the SWPBS values and is always looking for ways to help within the classroom. Champion Charlotte!
4F	ZARA BABAR - Zara always demonstrates a calm and caring nature in 4F. She offers help to her peers and is always looking out for others, offering help and reassurance when needed.
4M	ARISHA ATIQ - Arisha has been a caring and thoughtful classmate and friend. She has the ability to recognise her emotions and those around her, and support others when needed. Well done, Arisha!
SC	SPENCER JEPPESEN - Spencer continues to be kind, caring and supportive to his classmates, his Prep buddy and anyone needing a little extra help during play times. It has also been lovely to see Spencer recognising and regulating his emotions throughout each week, and having such a positive outlook on life. Keep up the great work Spence!
SL	COOPER JAMIESON - Cooper has identified and used some new regulating strategies this week to help him to be ready to learn in the classroom. Keep it up Cooper!
SM	MUSTAFA HIJAZI - Mustafa is willing to review his work and look for improvements and ways to strengthen his learning. Well done Mustafa!
ST	AVERY HICKMON - Avery has shown wonderful resilience and worked hard to do her absolute best every single day. She recognises and regulates her emotions using mindfulness strategies, and is an excellent role model for others in the class. Amazing Avery!
SW	VIOLET SCHLOSS - Violet is highly skilled at recognising the emotions of her classmates, always going out of her way to be a supportive friend.
ART	HARRIET PALMER - Harriet consistently works to the best of her ability. She completes her Art pieces with effort, persistence, enjoyment and always with a big smile.
PE	LILY WIGGLESWORTH - Lilly has demonstrated a willingness to listen, learn and apply her skills to tennis in PE each week. Lilly showed brilliant technique in volleying the ball to her partner. Keep it up Lilly!
STEM STAR	WILLIAM DIMOVSKI - William has brought an eager attitude to STEM each week and will often be found assisting his peers as well. Wonderful William!
PERF ARTS	THOMAS SEKULIC-FEARN - Thomas enters the Performing Arts Space ready to learn. He explains how to use different dance elements to express emotions with enthusiasm.

Teacher Spotlight

At Monday's Assembly we met Miss Lauryn Carter:

What is your role here at MANO?

Senior teacher

What is one of your favourite things to do outside of school?

Making earrings and hanging with my dog, Charlie

What did you do before you came to MANO?

Taught Grade 5 at a school in Werribee

What is your ideal holiday destination?

Anywhere I can see the Northern Lights

What is your favourite movie?

Zoolander

Do you follow the AFL, and if so what team do you go for?

I follow soccer and go for Liverpool

What is your least favourite food?

Coriander

When you were at primary school, what was your favourite subject and why?

Art, because we got to experiment with lots of different materials and media

Welcome to Mano Miss Carter!



Year 7 2024
Information and Open Night
Wednesday 1 March 6pm - 8pm
Bookings essential: <https://compasstix.com/e/id6wd6afpe>

37-61 Vines Road
Hamlyn Heights 3215
Find out more
T: 03 5277 1177
info@whc.vic.edu.au
www.whc.vic.edu.au

I can start now

Years 7-12



Art Smock Reminder

Thank-you to everyone who has an Art Smock. Once again if you have a problem sourcing one for your child please let me know and I will help you. All students require a named Art smock as soon as possible. The best smocks have long caught in sleeves and an opening at the back. The students can slip these smocks over their head and nothing needs doing up!

Thanks.

Mrs Hardman & Mrs Bencic

Performing Arts News

Mano students have been dancing their way through the beginning of 2023! In Performing Arts students have been learning about the Dance Elements Space, Body, Energy and Time. They have discussed how these elements change depending on the style of dance being performed. Recently, students have explored dances from different cultures such as Australian Indigenous dance, Austrian folk dance, Irish dancing, and Greek celebratory dances.



North Geelong Secondary College Experience

Last week the whole Senior Learning Community visited North Geelong Secondary College so we could see what High School is like. We did a range of classes including:

- Cooking
- Art
- PE
- Virtual Reality (VR)
- Science

Every class got to do cooking and two other subjects. In Art students made a collage to reflect themselves, in Science students made bouncy balls, in VR students played virtual reality games (fun to watch!) and in PE students got to play a game inside the gymnasium. Of course, everyone enjoyed cooking and making delicious nachos! All Seniors students got a free showbag with goodies. Everyone had a great time, and we thank North Geelong SC for hosting us.

Sharmina & Tilda SW





You are invited to the
**Manifold Heights P.S.
Family Picnic**

Wednesday 8th March 2023

4:45pm -6:30pm

School Oval

Come along and meet your child's teacher,
School Council and other families.

The Coffee
Van will be
there if
you wish to
indulge in
a latte or
cappuccino

BYO dinner, drinks, chairs/rug, and any other food your family requires.

Please note - Riding equipment such as skateboards, bikes, scooters etc. are not permitted. This is an alcohol-free event.

Mano Sports Shorts

Bellarine Uniforms are now stocking Sport Shorts (pocket with zip) for \$35. These sport shorts can be worn for all school sport events as long as the pocket is zipped up. Perfect for House Athletics!

Camps, Sports and Excursions Fund (CSEF) 2023

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school excursions, camps and sporting activities. If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

Parents or legal guardians are required complete a CSEF application form and lodge it with the Office for processing.

Application forms should be completed and lodged with **schools by Monday 27th February 2023**, as payments are made from March. However schools will be able to accept and process applications up until the end of Term 2 each year. Contact the Office to obtain a CSEF application form.

Please ensure a copy of your means-tested concession card is provided with your CSEF application form. If you were eligible and received CSEF in 2022, your application will rollover to 2023 and a new application form is **not required** to be completed.

Jessie Burney & Jacque Clancy

Business Manager

MANO'S HOUSE CROSS



COUNTRY!

WHEN: FRIDAY 10th MARCH (10am-2pm)

WHERE: FYANSFORD COMMON, 67 HYLAND ST FYANSFORD

PURPOSE: FOR GRADE 3-6 STUDENTS TO REPRESENT HOUSE TEAMS AND GAIN POINTS FOR THE OVERALL YEAR.

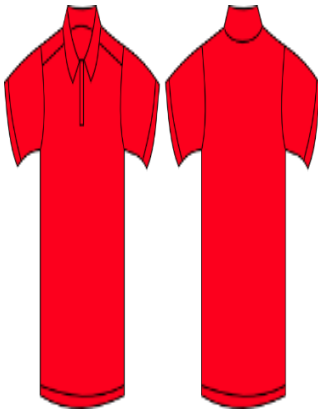
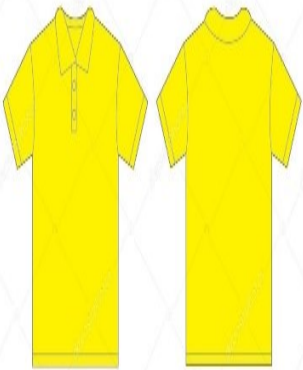


AGE GROUP DISTANCE: 8, 9 and 10 year old students will run 2km track (2 laps). 11, 12 and 13 year old students will run the 3km track (3 laps).

STUDENT CHAMPIONS WILL BE SELECTED TO PROGRESS TO THE 'DISTRICT CROSS COUNTRY' IF THEIR TIMES MEET STANDARDS.



Remember you will need to wear your house colours on the day along with comfortable running shoes and shorts and bring a drink bottle and an enthusiastic attitude

[CHILDREN TO WEAR A HOUSE COLOURED T-SHIRT.](#)

<u>NARMBOOL</u>	<u>STRACHAN</u>	<u>MANIFOLD</u>	<u>PURRUMBETE</u>
		 Front Back	 <small>PHOTOGRAPH BY ANDREW</small>

THANK YOU to all parent helpers who have contacted either Jacquie at the Office or Mr Hambrook. We have had so many parents offer and appreciate it greatly. No more are needed as we are already at 18! Woo hoo!

Information to parents regarding the day and duties will be out and communicated next week.

Chaplain's Chat

Hello to all of you who make up this wonderful Mano community.

To every brave little Prep and every returning student,

To all their siblings, grandparents and extended families,

To every hard working parent, carer, teacher and essential staff members,

To the competent women who run the office hub – Georgia, Jessie and Jacquie, and...

To every industrious Mano leader including Mrs Mundine and Mr Smith.

My hope is that you feel strongly supported, really respected and super safe as we navigate this year of 2023 together.

In these first few weeks of Term 1, Kevin the Koala and I have enjoyed meeting all the new Preps and their families. We have joined a team of caring staff who move about Mano before school, in class, during recess and at lunchtime - helping the Preps when they are lost, can't find their class, teacher, bag, toilet, sibling, friend or buddy! We have comforted some children through normal little worries like saying goodbye to mum or locating their parents at the end of the day. Kevin has loved their warm cuddles, pats and high fives ... his heart feels full of love!

Isn't it wonderful to have some fresh new approaches to school well-being and to have the kindness and competence of Mrs Forsyth at the forefront? The new Lunchtime Clubs are a tremendous endeavour, harnessing the ideas and voices of our Mano students and the support of dedicated staff. We are so grateful to teachers who will share their talents and lunchtimes at these clubs throughout 2023. I do hope your children will enjoy participating!

I'm happy to announce that we have also started running our popular milo café gatherings. These are child-friendly spaces of connection, belonging and fun for our students.

** **“Chill'n with Kevin”** runs every Thursday at 8:30 am, near the Art Room, is for Prep - Grade 4 students, and operates on a capped free token system. Children line up for a warm milo, sit in a circle and “chill” with Kevin, and may join in a simple activity until the music plays at 8:55am.

** **“Senior Pop In Café”** runs every Thursday lunchtime at 2pm, in the Senior space, is for Grade 5 & 6 students, and operates on a capped free ticket system. Senior volunteers help to run this café. Students receive a milo, a biscuit and if they wish may participate in group games.

For those who are doing it tough, perhaps facing crisis, grief or loss - my heart, thoughts and prayers go out to you. I hope you have supportive family and friends to journey with you or are engaging with a local counsellor or support service. Please know that I am here for a confidential, non-judgmental chat. Parents, you are most welcome to call the school to make a suitable time to meet me, or perhaps inform me of your circumstances so I can look out for your children. I also conduct **individual pastoral care sessions** – building upon child strengths, self-esteem and social/emotional wellbeing. Contact our Assistant Principal Mrs Peta Mundine to obtain a parent consent form if you would like your child to participate.



Warm smiles,

Cyndee & Kevin

Cyndee Little
School Chaplain
Tuesdays & Thursdays



Western Heights College

You're invited

to our Open Night, Wednesday 1 March, 6-8pm
to learn about our 2024 Year 7 Specialist Sports Program

37-61 Vines Road
Hamlyn Heights 3215

SSP Director: Cate Johnson
T: 0477 689 178
E: cate.johnson@education.vic.gov.au

www.whc.vic.edu.au



RSVP using the QR code above
or at <https://compasstx.com/e/1d6wd6afpe>



MINIROOS EXPRESSION OF INTEREST

THE DEAKIN DUCKS FC ARE PROUD TO ANNOUNCE THAT WE ARE RUNNING A MINIROOS PROGRAM IN 2023. WE ARE EXCITED TO BRING JUNIOR SOCCER TO WAURN PONDS. IF YOUR CHILD IS AGED 4-11 AND HAS A PASSION FOR SOCCER, HAVING FUN AND MAKING NEW FRIENDS, PLEASE FILL OUT THE LINK VIA THE QR CODE BELOW. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE DEAKIN DUCKS ON FACEBOOK.



DEAKIN UNIVERSITY, WAURN PONDS



Open Night

Wednesday 8th March 2023

6:00 pm to 7:30 pm

MFG

Matthew Flinders
Girls Secondary
College



Sonya Kurul

*Sales Consultant
Barry Plant*

5221 4011
0456 751 665
skurul@barryplant.com.au

59 Gheringhap Street
Geelong, 3220



**School Holiday
Program Here!**

Book Online
teamkids.com.au

p: 9532 0366



**Mano's before and after school care
program is run by Camp Australia.
More information can be found at**



OSHC school number:
0405 422 142

Customer Service:
1300 105 343

- 'We make kids smile'

ADVERTISING SPACE AVAILABLE

PLEASE CONTACT JESSIE BURNEY, BUSINESS MANAGER,

FOR DETAILS

PH: 5229 9643



NOONE

BEST IN CLASS SINCE 1947

**Proud suppliers of the
Manifold Heights Primary
School uniform**

Open: Monday – Friday 9:00am – 5:30pm

Saturday 9:00am – 1:00pm



Compass School Manager

You can download our Compass app for **FREE** at the App Store (iPhone) or Google Play Store (Android). Just search **Manifold Heights Primary**. This is a great method of communication between the school and our parent community! You can receive notifications about upcoming events and notify the school of student absences. You can now use CompassPay to consent and pay for excursions online! CompassPay is a quick and easy way for parents to consent and pay for an event at anytime from anywhere. Compass Pay is a secure payment portal and will not store any payment information you enter.