

Mano TIMES



Unleashing Potential

CONTACT US

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Facebook



MANIFOLD HEIGHTS PRIMARY SCHOOL NEWSLETTER

Date: 8th June 2023

Principal: Christian Smith

Business Manager: Jessie Burney & Jacque Clancy

Assistant Principal: Peta Mundine

Administration: Jacque Clancy & Georgia Slater

Important Dates

JUNE	
Fri 9th June	Emergency Evacuation Drill, Peter Lowe Reserve, 10:45am
Mon 12th June	King's Birthday Public Holiday, No Classes
Fri 16th June	Grade 1 Bollard Walk Division Netball Championships, Kardinia Park, Selected Senior students Semester 1 Student Reports Available, Compass, 4pm
Sun 18th June	Bunnings BBQ Fundraiser, North Geelong, Volunteers Required
Mon 19th June	Victorian State School Spectacular Regional Rehearsal Regional Cross Country, Selected Students Mrs Mundine's Farewell Assembly, 2:30pm Parent Teacher Discussion Bookings Close, Compass, 4pm
Thurs 22nd June	Parent Teacher Discussions, 2pm - 7:40pm (1:30pm dismissal)
Fri 23rd June	Social Service, Casual Dress Day, Funky Day Theme, GAWS Term 2 Ends, 2:30pm dismissal
JULY	
Mon 10th July	Term 3 Commences, 9am
Sat 29th July	Trivia Night, Multi

Upcoming Event Consent Forms and/or Payments Due

Grade 6 Camp Expression of Interest & Deposit	9th June
Grade 1 Bollard Walk Consent & Payment	13th June
Division Netball Championships Consent	13th June
VSSS Melbourne Rehearsals Consent & Payment	21st July

NEXT WEEK'S SWPBS FOCI (WEEK 8): I am an active bystander when needed. (I am safe)

DO YOU HAVE A STUDENT STARTING IN PREP NEXT YEAR?

If you have a student due to be starting school in 2024, please contact us so we can email you the application form. Applications close 28th July 2023.

NEWS FROM MR SMITH

Dear School Community Members,

Annual Principal Conference: I, along with all principals across the state, attended the annual Principal Conference earlier in the week where we focussed on Leading Excellence in Teaching and Learning and maximising wellbeing for all students. Our keynote speakers included Professor Lea Waters and Aunty Geraldine Atkinson. Lea and Geraldine shared with us their perspectives on how we as school leaders can lead our community to better engage our students and maximise learning and wellbeing outcomes for all students. We engaged in workshops focussed on 'Engaging Students with Mathematics', as well as 'Replenishing Student and Staff Wellbeing'. Dr Lea Waters led our session on replenishing student and staff wellbeing. Dr Waters focussed on three main points, as well as some key reminders. They were:

- Wellbeing Bank Account: our wellbeing is like a bank account!
 - ⇒ It can be boosted with deposits and it can be depleted when stressed
 - ⇒ Positive moments, such as playing in nature, playing board games, eating meals together, celebrating successes, story time at bed time and being together, are small deposits into our Wellbeing Bank Account
 - ⇒ A healthy Wellbeing Bank Account supports us in time of stress and challenge
 - ⇒ Research suggests our Wellbeing Bank Account accumulates compound interest – 1 injection (positive moment) into our account is worth 4
- Brief moments of positivity have a huge impact: playing in nature, playing board games, eating meals together, celebrating successes, story time at bed time and being together
- Families are often not aware of the impact technology and devices have on their children's quality of sleep – quality sleep is the only time our body and mind 'repairs'

I look forward to sharing other advice from Dr Waters in coming newsletters.

Student Reports and Parent Teacher Conferences: As many of you will be aware, our Student Reports and our Parent Teacher Conferences are fast approaching.

Student Reports

Our Student Reports will be available via Compass on **Friday, 16th June at 4:00pm**.

Families can request a 'paper copy' from the Office if required – please contact Jacquie or Georgia if you would like a 'paper copy'.

Parent Teacher Conferences

Our Parent Teacher Conferences will be held on **Thursday, 22nd from 2:00pm until 7:40pm**. We have approx. 85% of our families who have 'booked' their Parent Teacher Conference. Families who have not 'booked' their Parent Teacher Conference can do so via Compass by Monday 19th June, 4:00pm.

A reminder that students will be dismissed at 1:30pm on this day and Camp Australia is offering an extended after school care service.

Capital Works Project at Mano: As a result of some ongoing challenges associated with our storm water system and drainage here at Mano, the Victorian Schools Building Authority are about to go to tender for a major upgrade of our storm water system. Whilst not all details are finalised yet, we do know that this project will take place over approx. 12 months and some of our trees will be removed to accommodate the works. A replanting scheme will be enacted and an arborist will support this aspect of the project. More details to come.

Term 2 Social Service Activity: Following Mano tradition, our Junior School Council invite our community to partake in a Social Service Activity each term.

A Social Service Activity is where our Junior School Council identify a charity they would like the Mano community to support.

We are pleased to inform you that our Term 2 Social Service Activity has been finalised by our Junior School Council.

Date: Friday, 23rd June
Charity: Geelong Animal Welfare Society (GAWS)
Donation: Gold coin

Students and staff are invited to come to school in something funky! Funky hair, funky socks or a funky outfit. Please see poster in this edition of the newsletter for further information.

Thank you for supporting our school and have a great week.

Christian Smith
Principal



STUDENT OF THE WEEK

PD	CHARLIE BYRNES - Charlie continues to demonstrate resilience in many tricky situations at school, always putting his best foot forwards and having a go no matter how tough. Amazing effort Charlie!
PH	LOUISA MCBRYDE - Louisa has increasingly displayed greater resilience when situations don't go her way. Her ability to bounce back has been a terrific outcome. Awesome effort, Louisa!
PJ	RUBY LYNCH - Ruby has shown outstanding resilience to continue with her day despite finding her mornings tricky. She always tries her best no matter how she is feeling. Amazing work, Ruby!
1A	BOBBY LONERGAN - Bobby was a willing participant in this week's Social Emotional Learning session around building resilience. He was able to articulate and demonstrate ways that we can respond to situations in a resilient manner. Brilliant, Bobby!
1B	GEORGE AGIUS - During his persuasive letter writing, George has taken on board all feedback and has demonstrated resilience when needing to change parts of his writing. Well done George!
1C	LEO ROBERTS - Leo has been demonstrating greater resilience and responsibility this term and should be congratulated on this greater consideration shown to his peers and teachers. Legend Leo!
2B	ISLA POPOVSKI - Isla is a brave learner. She is never afraid to take on tasks that are outside her comfort level and gives everything a go with great enthusiasm. Outstanding!
2O	RUBEN SAHR - Ruben has shown terrific resilience and persistence in completing set classroom tasks. Keep up the fabulous work, Ruben!
2S	ZIGGY GREVILLE - Ziggy has shown persistence and resilience with his persuasive writing. Wonderful work Ziggy!
3G	PRESTON DAVYS - Preston presents each day with a positive attitude to learning. He is ever resilient and bounces back quickly from setbacks.
3Q	SEBASTIAN SAARINEN - Seb has had a fantastic few weeks and has shown plenty of resilience when tackling issues in the class and out in the yard. His writing this week has been excellent. Sensational Seb!
3/4S	PATERSON NORMAN - Paterson has shown great dedication to his learning this week and has offered to help others with their passion projects. Well done Paterson!
4F	ISLA CRABBE - Isla continues to demonstrate resilience throughout the school day and is always willing to help and assist others to show resilience, by encouraging her friends to demonstrate a positive outlook.
4M	LUCY ADKINS - Lucy has been building on her resilience and self-confidence over the last term and is always willing to lend a helping hand to assist others around her. You should be so proud, Lucy!
SC	ISLA MCDONALD - Isla is friendly and always willing to lend a hand throughout the school. She continues to show resilience in dealing with her own personal challenges, while working away at her classroom tasks. Well done, Isla. Keep up the wonderful work!
SL	QUINN MANNING - Quinn has shown great resilience and perseverance this week when learning new concepts about fractions. It's been great to see her putting in her best effort with her work. Amazing work, Quinn!
SM	HIRAANI ANDERSON - Hiraani has had some fantastic input into the class discussions this week. Your ideas for planning Term 3 were amazing Hiraani, thank you.
ST	ASHER WEBBER - Asher always shows great resilience each and every day both in the classroom and when working towards her goals. She tries her best in everything, and always just 'gets on with it'. Asher, you are a great role model to others in the grade. Well done!
SW	JAMES STOKER - James always tries his best in class and in the yard, bouncing back from setbacks or when something is challenging, to step up & give his best again. Great resilience James!
STEM STAR	ELLA HESELWOOD - This week in STEM Ella showed great resilience and scientific thinking when testing different surfaces for a car to roll on. Excellent Ella!
ART	PIPPA RICHMOND - For her creative efforts and determination in completing her bird construction in Art classes. Well done Pippa
PERF ARTS	ANNABEL NEWTON - Annabel shows a flare for performance and continuous bravery when acting in front of her peers. Excellent work Annabel!

Social Service Activity: Funky Day Casual Dress



When: Friday 23rd of June, Last day of Term 2

Theme: Funky everything! Themed dress up day

Donation: Gold coin

Fundraiser: Geelong Animal Welfare Society (GAWS)

On the last day of Term 2, Friday 23rd of June, the Mano Junior School Council welcomes you to come to school in your funkiest attire! Think funky hair, funky socks, a funky outfit - funky everything!

Your gold coin donation will help to raise funds for the Geelong Animal Welfare Society (GAWS). GAWS is a not-for-profit animal welfare organisation that helps to give all animals a second chance 'because every life is precious.' The animal shelter receives no government funding and relies on the generous support of the community to deliver their vital work.

We look forward to another fabulous themed dress up day here at Mano!

Victorian State School Spectacular (VSSS) Ticket Information

The 2023 Victorian State Schools Spectacular will be held on Saturday 9th September at John Cain Arena, Melbourne Park. The performance times are 1:00pm and 6:30pm.

Each show is approximately 2hours 45minutes (including a 30-minute interval).

Tickets are on sale from 11am on Wednesday 7th June.

Adult: \$40 Concession: \$30 Child (U15): \$20 (a \$6.30 service fee per transaction applies on all purchases).

Tickets are available through Ticketek: www.ticketek.com.au/spectacular or 132 849.

Mass Dance Seating Recommendations for Mano students.

It is suggested that the most suitable view of the respective quadrants will be from the following seating sections. These sections should be visible on the Ticketek seating map when patrons are making an online purchase.

Mano students - Quadrant Two (South West) Sections 18, 19, 17, 45, 46, 66, 67, 68

If you have any questions please contact Miss Stapleton or Mrs Orford.





LET'S CELEBRATE
**MRS MUNDINE'S
RETIREMENT**

on Monday 19th June 2023

Assembly from 2:30pm

at Manifold Heights Primary School

PERMAH Factors - Accomplishment

Over the last few weeks we have been looking at the PERMAH factors, and their influence on our wellbeing. So far, we have explored:

- Positive Emotions
- Engagement
- Relationships
- Health

This week, we are going to put the spotlight on **ACCOMPLISHMENT**.

Seligman (2012) defines a sense of accomplishment as working towards and reaching your personal goals or endeavours. It is important that these goals have a sense of purpose, so that you are motivated to set out to achieve them.

This is also a perfect opportunity to build and foster resilience and perseverance through the process that you set out in order to achieve your goals.

Ways to build accomplishment:

- Create a 'To-Do' list
- Ask for some extra responsibility
- Try a 'Do It Yourself' (DIY) project at home with your family
- Learn a new skill
- Set some exercise goals (a walk a day etc.)
- Reward yourself or celebrate when you achieve your goals

Mrs Forsyth



ACCOMPLISHMENT

the belief and ability to do the things that matter most to us

Student Absences & Late Arrivals

If your child arrives late to school they must be signed in by a parent/guardian and collect a 'Pass In' card at the Office. Please remember to telephone the Office and speak to either Georgia, Jacque or Jessie when your child is absent from school or if you are aware of a prior engagement. Alternatively you can submit an absence approval on the Compass app.

Parent Teacher Conferences

Parents are invited to book a ten minute Parent Teacher Conference with their child's teacher and/or specialist teachers on Thursday 22nd June between 2:00pm - 7:40pm. Classes will finish at 1:30pm on this day. Camp Australia is providing an after school care service from 1:30pm on this day

Bookings for Parent Teacher Conferences are now open and will close on Monday 19th June, 4:00pm.

Bookings are unable to be made after Monday 19th June, 4:00pm. This will ensure teachers have sufficient time to prepare for your child's discussion.

All bookings will be made online using our Compass Portal. Compass can be accessed at <https://manifold-vic.compass.education> or by using the Compass iOS or Android apps. Once you have logged into Compass under 'My News', you will see a notification for Parent Teacher Conferences with a prompt to 'Click here for Booking'. Follow the prompts to either 'Start Booking' or follow the instructions in 'Show How to Book'. Please see full instructions on Compass News Feed.

Please note Parent Teacher Conferences will only be scheduled on an alternate day or time in exceptional circumstances.

If you require any assistance with booking a Parent Teacher Conferences on Compass or would like to make a booking with a specialist teacher or tutor please contact Jacque or Georgia in the Office.

Acknowledgement of Country



As the members of Senior L, we would like to acknowledge the traditional custodians of the land, the waterways, trees and air, the Wadawurrung people of the Kulin Nation and pay our respects to Elders both past, present and emerging.

Take care and goodbye, Globata and Kun Gadji.

Artwork: 'Heaven Comes Down' – Safina Stewart, Aboriginal and Torres Strait Islander artist



MANO NEEDS YOUR HELP

MANO ARE RUNNING A
BUNNINGS BBQ
SUNDAY 18TH JUNE

CAN YOU **DONATE 2 HRS** OF YOUR
TIME TO THE **BBQ?**

SHIFTS WILL START @ 7AM
IF SO PLEASE EMAIL
PANDFMANO@OUTLOOK.COM

SAVE THE DATE....



**MANIFOLD HEIGHTS
PRIMARY SCHOOL
TRIVIA NIGHT**

SATURDAY 29TH JULY

GET YOUR TABLES OF 10 READY!

STAY TUNED FOR MORE DETAILS

PRESENTED BY THE MANO P&F



MANIFOLD HEIGHTS PRIMARY



8:00AM START
6:00PM END

PLEASE
ARRIVE BY 9AM
ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

MON - 26 th JUNE	TUE - 27 th JUNE	WED - 28 th JUNE	THU - 29 th JUNE	FRI - 30 th JUNE
SHELTER SURVIVORS	BOUNCE INC.	TEAM CHEER	MOVIE - ELEMENTAL	COMEDY MAGIC AND VARIETY SHOW
Ready to become a master builder? Join us and learn how to create your very own shelter in the great outdoors. You'll be a pro at using natural materials and creating a cozy space in no time. So let's get building and create the ultimate hideaway!	The sky's the limit at BOUNCE! We'll be bouncing off the walls as we explore this adrenaline-inducing playground full of trampolines, awesome adventure features & soft padding. *Height restrictions apply & socks reqd.	Get pumped up with TeamKids' high-energy cheer class! Dance like a pro and cheer like a fan with colourful pom poms.	Lights down, popcorn ready! TeamKids is off to see Elemental! The story introduces Ember, a fiery young woman, whose friendship with a go-with-the-flow guy named Wade challenges her beliefs about the world they live in. *PG Film	Get ready for the ultimate entertainment extravaganza! Join us for a side-splitting comedy magic and variety show that will leave you amazed and laughing out loud. Let's make some memories that will be nothing short of magical!
Base Fee \$70.00 Exp Fee** \$18.00 Daily Total \$88.00	Base Fee \$70.00 Exp Fee** \$37.00 Daily Total \$107.00	Base Fee \$70.00 Exp Fee** \$15.00 Daily Total \$85.00	Base Fee \$70.00 Exp Fee** \$35.00 Daily Total \$105.00	Base Fee \$70.00 Exp Fee** \$21.00 Daily Total \$91.00
After Max CCS* \$13.20	After Max CCS* \$16.05	After Max CCS* \$12.75	After Max CCS* \$15.75	After Max CCS* \$13.65

MON - 3 rd JULY	TUE - 4 th JULY	WED - 5 th JULY	THU - 6 th JULY	FRI - 7 th JULY
NAIDOC WEEK	CIRCUS SKILLS	ABORIGINAL STORIES FOR KIDS	EPIC MUSIC MIXERS	GO YOGA-MIGOS
Today we acknowledge the traditional custodians of the lands on which all TeamKids conduct their care. We pay our respects and we take the time to learn some more about Australia's rich Indigenous culture.	Get ready to run away and join the circus with TeamKids! Learn to conquer the balance board, juggle like a pro, master hula hoop challenges, and more. Come clown around with us and become the ultimate circus performer!	Nestled amongst native trees, walkways and gardens, you will find the Narana Cultural Centre. Narana means 'listening & learning' and today we will be listening & learning about Indigenous Culture.	Beatboxer Jobe is back, and this time he's getting TeamKids to record their own sick beats! We'll make our own stop-motion video clip and mix some cool sounds from nature, to make some epic music magic!	Time to get twisted! Twist, bend, and stretch your way to becoming a true yogi master! Learn cool breathing tricks and smooth body moves that will make you feel like a superhero while getting fit and flexible!
Base Fee \$70.00 Exp Fee** \$8.00 Daily Total \$78.00	Base Fee \$70.00 Exp Fee** \$18.00 Daily Total \$88.00	Base Fee \$70.00 Exp Fee** \$38.00 Daily Total \$108.00	Base Fee \$70.00 Exp Fee** \$15.00 Daily Total \$85.00	Base Fee \$70.00 Exp Fee** \$18.00 Daily Total \$88.00
After Max CCS* \$11.70	After Max CCS* \$13.20	After Max CCS* \$16.20	After Max CCS* \$12.75	After Max CCS* \$13.20



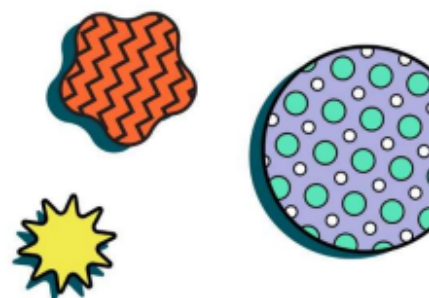
*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available. | **Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy



FIND A VENUE
teamkids.com.au/venues

CHOOSE YOUR ADVENTURE
Book Today!

Your Outside School Hours Care at Manifold Heights Primary School



Join in the fun at Mano's Outside School Hours Care!

At *Your OSHC* we give children a supportive space to continue their development, build confidence and socialise with their friends. In any one week, children could be participating in science experiments, active play, creative expression and more.

Our exciting and varied *Rocketeer's* programs ensure that your child has the best school holidays. Any given day could see your child competing in a sport carnival, cooking up a storm, experimenting with science and getting hands-on with construction.

Visits Welcome

Please feel free to stop by the program with your children to meet the team and see what happens in our great program each school day.

Get to know your new Coordinator –

Olivia Steven:

- I am in my third year at Uni and studying bachelor of primary education. Kids are a huge passion of mine and watching them learn and grow is rewarding for me.
- I am an avid reader and love spending time at home with my cats and reading a good book.
- I am a huge Marvel and Star Wars fan, and I love discussing theories on what might happen next.
- One of my talents is knitting and enjoy it while watching a good movie.



Your OSHC.

Tailored Out of School Hours experiences your children will love



ROCKETEERS

Extraordinary Holiday Adventures with Rocketeers



Registration is free

To register and book, visit us at www.campastralia.com.au and use the school finder on our homepage to search for the name of your school.

To attend *Your OSHC* or *Rocketeers*, you first need to register your child and book. We recommend families to register so that if you ever need us, we have all the information and documentation we need to best care for your child.

To register, visit campastralia.com.au

BarryPlant

Sonya Kurul

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School Holiday Program Here!

Book Online
teamkids.com.au

p: 9532 0366



Mano's before and after school care program is run by Camp Australia. More information can be found at



OSHC school number:
0405 422 142

Customer Service:
1300 105 343

- 'We make kids smile'

ADVERTISING SPACE AVAILABLE

PLEASE CONTACT JESSIE BURNEY, BUSINESS MANAGER,

FOR DETAILS

PH: 5229 9643



NOONE

BEST IN CLASS SINCE 1947

Proud suppliers of the
Manifold Heights Primary
School uniform

Open: Monday – Friday 9:00am – 5:30pm

Saturday 9:00am – 1:00pm



Compass School Manager

You can download our Compass app for **FREE** at the App Store (iPhone) or Google Play Store (Android). Just search **Manifold Heights Primary**. This is a great method of communication between the school and our parent community! You can receive notifications about upcoming events and notify the school of student absences. You can now use CompassPay to consent and pay for excursions online! CompassPay is a quick and easy way for parents to consent and pay for an event at anytime from anywhere. Compass Pay is a secure payment portal and will not store any payment information you enter.